Support Family Caregivers

Help Families Afford Care at Home

THE ASK

Congress must act to support family caregivers. **Cosponsor the Credit for Caring Act (H.R. 2036/S. 925).**

TOPLINE

- In 2024, **59 million** people provided **over 49 billion** hours of unpaid care to adult individuals, valued at over $1 trillion.[1]

- Families are financing long-term care largely on their own. Only **8.7%** of all long-term services and supports (LTSS) is financed through private insurance, and Americans spent over **$80 billion** out of pocket on LTSS in 2023.[2] In fact, only 5.8 million Americans had long-term care insurance in 2024, and that coverage is steadily decreasing by up to **3%** each year.[3]

- Individuals with functional limitations and medical conditions who require LTSS face a wide range of barriers that limit their ability to access appropriate care.

- The Credit for Caring Act would deliver a **federal tax credit of up to $5,000** to working family caregivers, helping them to better afford care at home.

RATIONALE

- Family caregivers are the backbone of the nation's long-term care system, providing essential support to their loved ones.

- Despite their invaluable contributions, caregivers face significant financial strain often leading to financial hardship. Cost of care is prohibitive to many families, with LTSS ranging from approximately **$60,000 to over $200,00** annually compared to **$103,800 in median savings** for Medicare beneficiaries.[4]

- Family caregivers keep millions of Americans out of costly institutional care. At the same time, demand for home- and community-based services continues to grow as the U.S. population ages and more individuals live longer with complex chronic conditions.

- Without support, individuals with LTSS needs often exhaust resources and enroll in Medicaid for coverage, increasing costs to the system and placing financial strain on individuals and families.

CONGRESS MUST ACT TO SUPPORT FAMILIES

The Credit for Caring Act offers a solution to these challenges by providing a **federal tax credit of up to $5,000** for eligible working family caregivers. This credit aims to alleviate financial strain and enable caregivers to focus more on providing quality care. The Credit for Caring Act would:

- Provide tangible assistance to cover out-of-pocket expenses and reduce financial stress.

- Offer a tax credit of up to $5,000 per year to help offset costs of caregiving, including hiring outside assistance.

- Extend support to family caregivers who care for non-dependents or loved ones in a different home, unlike existing child and dependent care credits.

This important legislation has gained bipartisan support from both parties in both chambers.

BOTTOM LINE

Congress can provide working family caregivers meaningful relief while supporting individuals and families with LTSS needs. We urge you to cosponsor the **Credit for Caring Act (H.R. 2036/S. 925).**

FOR MORE INFORMATION, CONTACT
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1. https://www.aarp.org/caregiving/financial-legal/valuing-the-invaluable-report-2026/
2. https://www.congress.gov/crs-product/IF10343
3. https://www.milliman.com/en/insight/ltci-2024-statistics-experience-reporting-forms
4. https://www.kff.org/medicaid/10-things-about-long-term-services-and-supports-ltss/